

**Shift Our Brains:
Practices to Unravel the Impact of Trauma
and
Create Community Resilience**



**March 25, 2023
8:15 a.m. – 12:30 p.m.
Cost: \$20**

Holiday Inn Conference Center Duluth, MN and also via Zoom

Keynote Speakers

The Brain & Stress: What's Happening and What We Can Do About It

Christine Bright, MBA, Center for Healing and Justice through Sport

&

Implicit Bias, Diversity and Inclusion, Microaggressions

Jebbeh Edmunds, Founder and CEO of Jebbeh Consulting LLC

Panelists

Keynote speakers, along with LeAnn Littlewolf, Co-Director at American Indian

Community Housing Organization(AICHO), and

Carl Crawford, City of Duluth Human Rights Officer

Panel Moderator: Suzanne Koepplinger, Founder and Consultant of Catalyst North

Registration and conference program available on the Junior League of Duluth website
juniorleagueduluth.org